

Breakfast

SOME LIKE IT HOT - \$450 Porridge of the day

PICK ME UP - \$800 Juice of the day

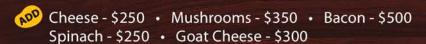
V-Vegan

EGGSPECTATIONS - \$950

2 eggs done any way, served with toast or breakfast potatoes

SUNSHINE SMILES - \$1,200

3 egg omelette with onions, sweet peppers & tomatoes, served with breakfast potatoes or toast



JULIE MANGO WAFFLES - \$1,100

Fluffy belgian waffle topped with mango compote



HOLY GUACAMOLE - \$1,350

Perfectly seasoned guacamole atop 2 slices of toast, topped with feta cheese and drizzled with a balsamic glaze



IT'S A BASHMENT BREAKFAST - \$1,750

Ackee & Saltfish / Callaloo & Saltfish, served with ground provisions, boiled dumpling & fried dumpling

NATURE'S BASHMENT * - \$1,500

Seasoned ackee / Seasoned callaloo, served with ground provisions, boiled dumpling & fried dumpling



Breakfast



BREAKFAST BURGER - \$1,200

Egg & cheese burger, served with breakfast potatoes



Bacon - \$500

TALLAWAH TACOS

3 breadfruit shell tacos stuffed with your filling of choice

Seasoned Ackee & Plantain - \$1,800 Ackee & Saltfish - \$2,000

RUN IT DOWN

Your choice of protein cooked in our delicious rundown sauce, served with fried dumplings and garlic bread

Veggies • \$2,000 • Saltfish - \$2,300 • Shrimp - \$3,000

PANCAKES - \$1,000

3 buttermilk pancakes, served with maple syrup



№ Eggs - \$400 • Bacon - \$500

BREAKFAST QUESADILLA - \$1,750

Quesadilla stuffed with eggs, bacon & cheese

BREAKFAST HASH - \$1,500

Perfectly cooked scrambled eggs sautéed with bacon, cheese and breakfast potatoes, served with garlic bread

PESTO GRILLED CHEESE SANDWICH - \$1,400

Perfectly toasted grilled cheese sandwich with a basil pesto, served with breakfast potatoes



Bacon - \$500

BEANS & SALTFISH - \$2,000

Broad Beans & Saltfish served with ground provisions, boiled dumpling & fried dumpling



Salads



IRIE GARDEN - \$1,550

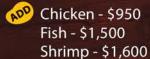
Fresh leafy greens, onions, cucumbers, topped with mango chunks, feta cheese & an orange vinaigrette

ROCKIN BEETS - \$1,600

Fresh leafy greens, onions, cucumber & tomato, roasted beets, goat cheese & candied walnuts, served with a beetroot vinaigrette

SOUTHWESTERN SALAD **- \$1,600

Fresh leafy greens topped with a blackbean & corn salsa, guacamole and plantain chips



Salmon - \$2,200



BBQ CHICKEN SALAD - \$2,200

Fresh leafy greens, onion, cucumber, tomatoes and corn with a tender bbq chicken breast



Lite Bites



GRILL REAPER - \$1,650

3 skewers of thai marinated grilled chicken satay, served with a tasty peanut sauce

ACKEE BACKEE ** \$1,350

4 tostones topped with mango chutney and seasoned ackee

PIZZAGEDDON - \$1,400

Toasted pita bread topped with our signature pesto, onions, bell peppers and mozarella cheese



Veggies - \$500 • Chicken - \$650 • Shrimp - \$800 Salmon - \$900

JULIE MANGO SALSA 🐠 - \$1,200

Fresh Julie mango chunks, avocado (seasonal), black beans & corn tossed in a fresh cilantro lime marinade served with plantain chips

BUFFALO CHICKEN DIP - \$1.650

Pulled chicken in a buffalo sauce, tossed with herbs and cheese and baked to perfection, served with crostinis

VEGETABLE SAMOSAS 7 - \$1,100

4 Patties filled with mixed veggies served with mango chutney



Lite Bites



STAMP N GO (Callaloo or Saltfish)

Callaloo stuffed fritters, served with a spicy aioli • \$800 Saltfish fritters served with a spicy aioli - \$950

HURRICANE DELIGHT

Your choice of protein tossed in a tangy sauce, served with garlic bread

Veggie - \$1,350 • Shrimp - \$1,750

COCONUT CRUSTED SHRIMP - \$2,500

Crispy fried shrimp coated with coconut flakes, served with a spicy aioli

MINI TOSTADAS

4 mini tostadas topped with guacamole and your choice of

Blackbean & Corn - \$1,000 • BBQ Chicken - \$1,500 BBQ Pork - \$2,000 • Shrimp - \$2,200

LOADED FRIES

Yummy french fries topped with melted cheese, sweet peppers & onions and your topping of choice

Blackbean & Corn - \$1,100 • Chicken - \$1,600 Beef - \$1,750 • Pork - \$2,000 • Shrimp - \$2,200



Sandwiches & Wraps



JERK CHICKEN / VEGGIE WRAP

Grilled wrap stuffed with your filling of choice

Jerk Veggies - \$1,400 • Jerk Chicken - \$1,500

HERBIVORE DELIGHT V - \$1,500

Vegan club sandwich layered with fresh veggies and guacamole

CALLALOO & PLANTAIN PINWHEEL * - \$1,400

Grilled wrap sliced pinwheel style, stuffed with sautéed callaloo & plantain

CHICKEN CLUB SANDWICH - \$1,750

Chicken, Bacon, Lettuce & Tomato in a layered club sandwich

MEDITERRANEAN WRAP

Shawarma marinated protein, garlic mayo and fresh veggies in a grilled wrap

Falafel • - \$1,500 • Chicken - \$1,600 • Shrimp - \$2,000 Fish - \$2,000

PHILLY CHEESESTEAK - \$2,400

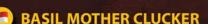
Beef tenderloin cooked with onions & bell peppers with melted cheese, grilled to perfection

Fries - \$450 • Sweet Potato Fries - \$650 Chilly Garlic Breadfruit - \$500



International Flare (Bowls & Platters)





Fried Rice, your protein of choice cooked in a thai basil sauce, topped with a fried egg

Tofu • \$2,000 • Chicken - \$2,400 • Pork - \$2,800 Shrimp \$3,200 • Salmon - \$3,400

WOK N ROLL - \$1,600

Noodles tossed in a ginger soy sauce, topped with cabbage, roasted veggies, your grilled protein of choice and a fried egg

Tofu - \$700 • Chicken - \$950 • Fish - \$1,250 Shrimp - \$1,650 • Salmon \$2,000

JAHPOTLE BOWL

Jasmine rice, blackbean & corn salsa, guacamole, fried plantain, cilantro aioli, served with your ja-mexican marinated protein of choice

Seasonal Vegetables - \$2,000 • Tofu - \$2,200 Chicken - \$2,500 • Fish - \$3,000 • Shrimp - \$3,300 Salmon - \$3,750

ITAL PARADISE

Ital curried seasonings marinated with your protein of choice, served with fried plantain chunks and your choice of rice or roti

Curried Jackfruit - \$2,100 • Curried Vegetable - \$2,000 Curried Tofu - \$2,200 • Curried Chicken - \$2,200 Curried Shrimp - \$3,000







(Bowls & Platters)

MACHO TACO

3 softs shell tacos stuffed with jerk bbq filling of choice and topped with fresh mango and cabbage slaw, drizzled with a spicy aioli

Ackee \$\mathcal{O}\ - \\$2,000 \cdot \text{ Jackfruit } \mathcal{O}\ - \\$2,000 \cdot \text{ Chicken - \\$2,200 } \text{Fish - \\$2,800 \cdot \text{ Pork - \\$3,100 \cdot \text{ Shrimp - \\$3,300 } \text{}

MY BIG FAT GREEK PLATTER

Seasoned rice, fattoush salad, olives, served with your protein of choice, drizzled with a garlic aioli

Falafel • + \$2,000 • Chicken - \$2,400 Snapper Filet - \$3,000 • Lamb Kofta - \$3,000 Shrimp - \$3,000 • Salmon - \$3,800

CURRY FOWL BOWL

Delightful thai curry cooked with veggies and your protein of choice topped with sliced almonds, served with jasmine rice

Veggies - \$2,000 • Tofu - \$2,200 • Chicken - \$2,400 Shrimp - \$3,300 • Salmon - \$3,600

FISH N CHIPS - \$3,250

Batter fried english style fish served with homemade tartar sauce and french fries



Pasta



MAKE YOUR OWN PASTA

Choose your sauce:

- Alfredo
- Pesto
- Rose
- Marinara
- Jerk Alfredo
- Aglio e olio

Veggies - \$2,200 • Chicken - \$2,400 • Shrimp - \$3,000 Salmon - \$3,500

delight in vite every

SPAGHETTI & MEATBALLS - \$2,800

Traditional Spaghetti & Meatballs tossed in a delcious marinara sauce, topped with parmesan cheese

CHICKEN PARMESAN - \$2,500

Crispy fried chicken breast baked in a tomato sauce topped with parmesan & mozzarella cheese, served on a bed of spaghetti marinara pasta

SEAFOOD SCAMPI (SHRIMP, SALMON, FISH & CLAMS) - \$4,000

Seafood combo in a delicious garlic scampi, served with spaghetti

GARLIC SHRIMP - \$3,300

Creamy garlic shrimp over penne pasta

BEEF LASAGNA - \$2,800

Tasty beef lasagna, served with salad and garlic bread

PLANTAIN AND CALLALOO LASAGNA - \$2,000



Burgers



FALAFEL BURGER 🐠 - \$1,700

Crispy chickpea burger topped with a garlic aioli, lettuce, onion & tomato, served with french fries

MELTED HEARTS BURGER - \$2,850

Homemade beef burger seasoned to perfection, topped with bacon, pepperjack cheese, lettuce, tomato & caramelized onions, served with french fries

LAMB BURGER - \$3,000

Homemade local lamb burger topped with goat cheese, pepper jelly, lettuce, tomato & caramelized onions, served with french fries

FISH BURGER - \$3,000

Crispy fried snapper fillet burger topped with lettuce, tomato, onion & our signature cilantro garlic aioli, served with french fries

SALMON BURGER - \$3,400

Grilled salmon fillet, topped with grilled cheese, lettuce, tomato and onion, served with french fries



Chef's Recommendations

SURF & TURF BURGER - \$3,500

Homemade beef burger patty, topped with succulent shrimp, pepper jack cheese, caramelized onions, lettuce & tomato and bacon, served with french fries

ASIAN TERIYAKI RIBS - \$5,200

Teriyaki BBQ ribs grilled to perfection, served with sautéed vegetables and your choice of side

GOAT CHEESE SALMON - \$4,300

Grilled salmon filet topped with goat cheese, sliced almonds and drizzled with honey, served with sautéed vegetables and your choice of side

HONEY GARLIC SALMON BOWL - \$3,750

Perfectly sauteed salmon chunks in a honey garlic sauce, served with jasmine rice and and a delightful tropical salsa

BLACKENED SNAPPER - \$3,450

Blackened cajun spiced snapper filet, served with sautéed vegetables and your choice of side

PORK CHOPS - \$3,500

Grilled pork chops glazed with our Signature spiced mango sauce, served with sautéed vegetables and your choice of side

SHRIMP THERMIDOR - \$3,300

Warm creamy cheesy shrimp baked to perfection, served with french fries

CHAR GRILLED FILET MIGNON - \$5,000

8 oz filet mignon char grilled to perfection, served with mushroom sauce, sautéed vegetables and your choice of side

SURF & TURF PLATTER - \$6,500

5 oz filet mignon, succulent shrimp char grilled to perfection, sautéed vegetables and 2 sides of choice

Side options

- Sautéed Potatoes
- Herb Roasted Sweet Potato
- Mashed Potatoes



- Herb Steamed Bammy
- · Rice Pilaf
- Fried Green Plantain
- French Fries



OUR STORY

Julie Mango, well loved and known for its great texture and rich flavour is symbolic of what we wanted to create here at Julie Mango.

Great service, rich flavour and something close to home.

We aim to combine international flavours with different items from our very own local cuisine.

We use only local produce and products and the freshest of ingredients in all our dishes.

Fresh Feels & Good Meals is what we strive to provide at all times.

Thank you for choosing Julie Mango and we hope you have a wonderful experience.

